



Fully Dissociated States

**Not related to substance use and blacking out due to substances. Also, assess neurological or cognitive issues.*

Time Loss

- Incidents of losing time
- Cannot account for hours, days, and sometimes longer
- Total blanks with no memory during that time

Coming To and Fugue States

- Discovering that you have done something with no memory of it at all
- You are in the middle of doing something with no memory of starting it
- Discovering you have been somewhere with no memory of getting there
- You are told by others of recent actions with no memory

Finding Objects and Evidence

- Discovering objects, writings, or drawings you did with no memory of doing them
- Finding evidence of recent actions with no memory of doing it
- Things of yours are moved or changed around with no memory
- Tasks are completed with no memory of doing them
- Finding unnoticed injuries with no memory of where they came from
- Fully-dissociated suicide attempts with no memory