

## **Aglow Counseling Crisis Resources**

Effective July 1, 2024

In case of an emergency, please call 911, go to the closest emergency room, or call the appropriate crisis service number below.

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### **Local Resources**

**Colorado Crisis Services.** Web: [Colorado Crisis Services](#); Phone: 1-844-493-8255; Text: Text “TALK” to 38255

#### **211Colorado**

Web: [211 Colorado Crisis and Emergency](#); Phone: Dial 2-1-1 or (866) 760-6489; Text: Text your ZIP CODE to 898-211

### **Texas Crisis Services**

#### **Texas Health and Human Services Crisis Line**

Web: Texas HHS Crisis Services; Phone: 1-800-252-8154

#### **211Texas**

Web: [211 Texas](#); Phone: Dial 2-1-1; Text: Text your ZIP CODE to 898-211

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### **National Emergency Hotlines**

- National Suicide Prevention Lifeline:
  - 1-800-273-TALK (8255) or 988
  - Web: [Suicide Prevention Lifeline](#)
- National Suicide Hotline: 1-800-SUICIDE (784-2433)
- National Youth Crisis Hotline: 1-800-442-HOPE (4673)
- Adult Abuse Reporting/Crisis Intervention: 1-800-510-2020
- Child Abuse Hotline: 1-800-344-6000
- Domestic Violence/Sexual Assault Hotline: 1-888-272-1767
- National Domestic Violence Hotline: 1-800-799-7233